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2021/22 COVID-19 Risk Management Framework

## Overview

The COVID-19 Risk Management Framework outlines the guidelines our club will follow to make informed decisions surrounding our operations during the pandemic. The guidelines established in the framework enable our club to:

- Minimize risk of transmission of COVID-19 in HPSC
- Enable skiing, snowboarding and snowshoeing when safety allows
- Define the actions required of members and volunteers to protect our club
- Define the consequences of breach of framework
- Outlining the protocol for cancelling trips.

As a volunteer-run non-profit club, we will act in good faith to abide by this framework. Members and volunteers are required to adhere to these standards in order to enable our club to continue to offer winter activities this season.

NOTE: The processes/policies in this document may change at any time based on changing circumstances and guidelines from federal, provincial, municipal government or public health agencies, or by applicable industry organizations.

## Central Strategies

- All in-person club activities (charter, long trips, daytrips, lessons, fitness activities, social events) will be restricted to only those members who are fully vaccinated and have provided their proof of vaccination to the membership team\*.
- The club will act in accordance with COVID-19 mitigation guidelines established by the federal, provincial, municipal governments, resorts, public health agencies, and CSIA, CSCF, CASI, CANSI.
- Directors will remain aware of the regional developments to address impacts of COVID-19 on HPSC.
- Directors will evaluate Go/No-Go decisions for all activities based upon this framework.
- Volunteers will ensure mandatory measures are enforced on HPSC trips to the best of our ability.
- All trips will be for HPSC members only. We will not be running any Test Drive or Bring a Friend trips this season.
- There will be no Walk-Ons allowed for this season. All members must register for all daytrips prior to the cut off deadline.



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- Members who participate in any club activities and subsequently test positive for COVID-19 within 14 days must inform the club of their test results.
- Members who test positive for COVID-19 are suspended from participating in any club activity until medically cleared.

\*Medical exemption is available upon providing a physician's note stating the person is recommended to not be vaccinated. These members may drive up for a daytrip and participate in a lesson, but cannot book any charter/long trip, or be on the bus for a day trip. **However, the rules of the resort take precedence - therefore if the resort requires full vaccination, this medical exemption does not apply.**

## Lesson, Guiding and Racing Measures

### General Lesson Practices:

- Instructors will be trained on teaching safely during COVID-19.
- Instructors to follow guidance from their professional association regarding teaching during pandemic.

### Prior to the Lesson:

- Instructors will apply safe physical distancing practices in lessons.
- Members must register in advance for lessons including drive-ups.

### During the Lesson:

- Instructors will apply safe physical distancing practices during lessons.
- Members commit to safe practices in lessons, including:
  - For downhill lessons, all members must wear a mask throughout the lesson \*
  - Maintaining a minimum 6 feet physical distance in lessons whenever possible
  - If taking off a mask (e.g. while performing a physically demanding task), pull away from the group, and re-mask prior to rejoining
  - Respecting the guidance of instructors pertaining to safety in lessons

### After the Lesson:

- Instructors will advise members which STEP to enter next time if an adjustment is required.
- Members who test positive for COVID-19 within 14 days after a participation in a lesson must inform the club.

### Racing:

- Cross-country racing will not proceed this season due to physical distancing challenges.



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## HIGH PARK SKI CLUB

- Downhill racing will proceed with lineups managed to maintain physical distance.
- A race gate will be set up for snowboarders.
- Race results will be posted online only; there will be no indoor sessions announcing results.

### Day Trip Bus Measures

- Members must wear an appropriate mask\* while on the bus.
- Seating on the bus:
  - Members must remain seated during the bus trip, except to go to the washroom. With the exception of the Bus Captain who will move around to check members in.
  - Members will keep socializing to a minimum, and restricted to those seated beside them
  - Instructors will be seated near the front of the bus to enable them to get off first in order to prepare for lessons.
  - The entire first row behind the drive will be left open, with the exception of the trip leader.
- When using the washrooms members must wear a mask\* and use hand sanitizer before and after using the washroom.
- Food and drink consumption on trip to and from resort:
  - Members will limit food and drink intake to necessities - quick drinks of water and quick consumption of snacks while the bus is travelling.
  - There will be no passing of food around the bus.
- Check in procedures will follow the standard procedure with the bus captain talking to each member individually.
- Lunch:
  - The bus will be open for an extended lunch period for members.
  - Members who consume their lunch on the bus will do so quickly and with no socializing.
  - Masks\* must be worn while on the bus for lunch except when consuming food and drink.
  - There will be no passing of food around the bus.
- When loading and unloading ski bags from the bus, members will take care not to crowd and keep a distance of at least 6 feet or to wear their mask if they cannot.
- Bus will be open for most of the day for members to access as a warmup space as required and for lunch. Masks must be worn when inside the bus.



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- Bus cleaning: the bus company will clean the bus thoroughly prior to the trip and will clean high touch surfaces after arrival and after lunch.
- Members to self-monitor their health condition prior to trips. If they are sick or symptomatic, they are strongly encouraged to cancel or if past cancellation deadline to not show up. If they have **any** COVID symptoms not caused by a known condition they must cancel their registration. (Please see cancellation/no show policy below.)
- Members must complete a COVID-19 screener on the morning of the trip before entering the bus.
  - Some resorts will require visitors to complete a screener, while others will not. HPSC members will need to fill out only one screener.
  - If the resort does not require a screener, members will need to fill out the standard Province of Ontario screener (<https://covid-19.ontario.ca/screening/customer/>) and will need to show their result to the HPSC bus captain.
- Those members who no show due to illness (or COVID screener result) and who contact the club within 72 hours will receive a full refund. Others will be charged the bus fee.
- Members who are on a bus trip must inform the club as soon as possible if they subsequently test positive for COVID-19 within 14 days of being on the bus.

## Day Trip Resort Measures

- Members will wear masks\* at all times in any resort facility as directed by the resort.
- Members will follow all resort rules and guidelines including regarding access to indoor space.
- When outside, members will take care to keep 6 feet of physical distance from each other and other members of the public. If unable to do so, members will put on their mask\*.
- Resort guidelines published online:
  - Blue Mountain: <https://www.bluemountain.ca/media-centre/covid-19/personal-responsibility-code>
  - Mount St. Louis Moonstone: <https://mountstlouis.com/>
  - Highlands Nordic: <https://highlandsnordic.ca/about/highlands-winter-covid-policies/>
  - Add other links as they become available.

## Long Trip Measures

- HPSC will provide charter and overnight bus trips to members this season.



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## HIGH PARK SKI CLUB

- Members will need to follow all federal, provincial, and transportation company (airline, bus, train etc.) rules and regulations regarding testing and vaccination requirements.
- For charter trips, members will be required by federal law to provide proof of vaccination to the airlines and COVID test results as per airline requirements until further notice.
- For Long bus trips, members must wear an appropriate mask\* while on the bus.
- Seating on the bus:
  - Members must remain seated as much as possible while on the bus, except to go to the washroom. The exception is the Trip Leader who may need to go through the bus to check documents.
  - Members will keep socializing to a minimum and to just those they are seated beside.
  - The entire first row behind the drive will be left open, with the exception of the trip leader.
  - There will be no 'party tables' at the rear of the bus this season.
- When using the washrooms members must wear a mask\* and use hand sanitizer before and after using the washroom.
- Food and drink consumption while on the bus:
  - Members will limit food and drink intake to necessities - quick drinks of water and quick consumption of snacks while the bus is travelling.
  - No consumption of alcohol will be permitted on the bus.
  - There will be no passing of food around the bus.
- Guiding by HPSC instructors on overnight alpine trips will follow measures stated for "Lesson, Guiding and Racing Measures". Limited to STEP 4 and up.
- Participants will follow all policies and procedures regarding masks\* and physical distancing of the transportation companies, ski resorts, and provinces, and countries in which they are travelling.
- Members on charter and long trips will ensure they have appropriate health insurance and cancellation insurance. Any health or travel issues are the accountability of the individual member.
- Members on charter and long trips will need to ensure they have done the correct COVID testing and documentation as required to travel. All of these requirements are the accountability of the individual member.
- Members going on a long bus trip are encouraged to get a rapid COVID test within 24 hours of departure of the trip.
- Members who are on a trip must inform the club as soon as possible if they subsequently test positive for COVID-19 within 14 days of being on the trip.

## Social Event Measures



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## HIGH PARK SKI CLUB

- HPSC will adhere to all current public health guidelines as per capacity limits for indoor or outdoor events.
- As per current Ontario law, all members will be required to present their proof of vaccination and ID at any indoor location in which we hold a social event as per local laws and public health guidelines. .
- All social event participants will adhere to mask-wearing guidelines if an in-person event as per local laws and guidelines.
- Members who are at a club social event must inform the club as soon as possible if they subsequently test positive for COVID-19 within 14 days of being at the event.

### Volunteering Measures

- Volunteers are empowered to apply all club policies and procedures and escalate through Directors as required.
- Volunteers will be provided with COVID-19 training appropriate to their position, and kept up to date with the latest policies to convey to members.
- Volunteers will follow applicable policies, like all other members.
- Volunteers will be informed of all changes to this document in a timely manner.

### Consequence Management

To ensure the safety of our members, participants are expected to abide by the standards and policies established by High Park Ski Club. Due to the severity of COVID-19, the club takes transgressions seriously. The club will apply escalating measures, which include:

- Reminder
- Removal from lesson or event
- Barring from trips this season
- Barring from future membership

\*A mask refers to a multi-layer cloth mask or medical mask. The mask must cover the nose and mouth at all times when worn. Scarves, neck warmers, buffs, valve masks etc. are not considered acceptable face coverings. A face shield alone is not sufficient. Please see the following public health guidelines for more information on effective face coverings:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/about-non-medical-masks-face-coverings.html#a1>



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## **Protocol if member on any type of trip/event tests positive for COVID-19 within 14 days**

- If a member tests positive for COVID-19, the member **MUST** contact the appropriate Director (Downhill Day Trips, Director of Cross-Country and Snowshoeing, Long Trips, Social) depending on the trip(s)/event(s) the member was on/at during the 14 days prior to their test date as soon as possible. They should inform the Director if they were in a lesson and the name of their instructor if possible.
- The contacted Director informs the President that someone has tested positive and on which trips/events.
- If the member was on the bus or at a social event, the Director identifies all members who were on the bus/at the event.
- If the member participated in a downhill/snowboarding lesson, the Director informs the Director of Snow School. The Director of Snow School provides the names of members in the lineup time the positive member was in and informs the impacted Instructors.
- If the member participated in a cross-country ski lesson or guided snowshoeing, the Director identifies all impacted members, including instructors and tour leaders.
- After compiling a list of all members who were potentially exposed (i.e. the original infected member, the instructors, lesson/event participants and bus participants), the Director gives the names to the Director of Membership, who contacts the identified members.
- All impacted members are encouraged to get a PCR COVID test and to self-isolate as recommended by public health guidelines.
- All affected members are put on 14-day suspension (from the date of possible exposure) from all club activities. The suspension will be lifted earlier if they are able to provide the club with a negative PCR test result. If a member on the contact list subsequently tests positive during the 14-day period, they must inform the club.
- The original COVID-19 positive member must personally trace those they skied/ boarded/snowshoed with or had close contact with outside of their lesson and the bus and inform them of their COVID-19 positive test. If they do not have contact information for the individuals, they can request the club to contact the individuals on their behalf.
- The original COVID positive member is suspended from all trips/club activities until official clearance is provided to the Director of Membership.
- The Director of Downhill Day Trips or Cross-Country will notify the resort of a confirmed case of COVID-19 and the date.

## **Basis for cancelling trips due to COVID-19**



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## HIGH PARK SKI CLUB

- Since HPSC is a Toronto based and registered club, we must follow the rules governing Toronto, no matter the location of individual members.
- The club will make decisions on trips based on the provincial guidelines in place at the time for Toronto and for the resort destination.
- Decisions regarding HPSC involvement in charter/long trips will be made based on the rules governing the destination resort and Toronto. HPSC may remove endorsement/involvement in the trip. Any subsequent decisions will be up to the individual.
- If the club experiences two or more cases of COVID-19 that are not from the same household on a trip or at an event, this is considered an outbreak. All trips/events in that portfolio of the club (Alpine or Cross-country, Social) will be immediately cancelled for 2 weeks.
- If a second outbreak occurs, all trips for that portfolio of the club (Alpine or Cross-Country, Social) will be cancelled for the rest of the season.