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COVID-19 Risk Management Framework

Overview

The COVID-19 Risk Management Framework outlines the guidelines our club will follow to make informed decisions surrounding our operations during the pandemic. The guidelines established in the framework enable our club to:

- Minimize risk of transmission of COVID-19 in HPSC
- Enable skiing, snowboarding and snowshoeing when safety allows
- Define the actions required of members and volunteers to protect our club
- Define the consequences of breach of framework
- Outlining the protocol for cancelling trips.

As a volunteer-run non-profit club, we will act in good faith to abide by this framework. Members and volunteers are required to adhere to these standards in order to enable our club to continue to offer winter activities this season.

NOTE: The processes/policies in this document may change at any time based on changing circumstances and guidelines from federal, provincial, municipal government or public health agencies, or by applicable industry organizations.

Central Strategies

- The club will act in accordance with COVID-19 mitigation guidelines established by the federal, provincial, municipal governments, resorts, public health agencies, and CSIA, CSCF, CASI, CANSI.
- Directors will remain aware of the regional developments to address impacts of COVID-19 on HPSC.
- Directors will evaluate Go/No-Go decisions for all activities based upon this framework.
- Directors will mandate “day-of” COVID-19 screening checklists for club activities.
- Volunteers will ensure mandatory measures are enforced on HPSC trips to the best of our ability.
- All trips will be for HPSC members only. We will not be running any Test Drive or Bring a Friend trips this season.



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- Members who participate in any club activities and subsequently test positive for COVID-19 within 14 days must inform the club of their test results.
- Members who test positive for COVID-19 are suspended from participating in any club activity until medically cleared.

Lesson, Guiding and Racing Measures

General Lesson Practices:

- Limit lesson ratios to four participants to one instructor.
- Limit downhill lessons to STEP 3/NOVICE and up.
- Instructors trained on teaching safely during COVID-19.

Prior to the Lesson:

- Instructors will apply safe physical distancing practices in lessons.
- Members must register in advance for lessons.
- New members will self-assess their STEP. No assessment will be performed on the bus. The STEP can be changed as needed.
- Members must complete the HPSC COVID-19 screener the morning of a lesson prior to participation.

During the Lesson:

- Class start times will be staggered to reduce crowding at the start and end of the sessions, and for lunch.
- Instructors will apply safe physical distancing practices during lessons.
- All lesson components, including racing results and feedback, will be conducted outdoors this season.
- Members commit to safe practices in lessons, including:
 - Wear a non-perforated face covering whenever 6 feet distance cannot consistently be maintained (e.g. lift lines, lesson lineup) and in instances where the resort has mandated wearing a face covering.
 - Maintaining a minimum 6 feet physical distance in lessons
 - Respecting the guidance of instructors pertaining to safety in lessons

After the Lesson:

- Instructors will advise members which STEP to enter next time if an adjustment is required.
- Members who test positive for COVID-19 within 14 days after a participation in a lesson must inform the club.



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Racing:

- Cross-country racing will not proceed this season due to physical distancing challenges.
- Downhill racing will proceed with lineups managed to maintain physical distance.
- A race gate will be set up for snowboarders.
- Race results will be posted online only; there will be no indoor sessions announcing results.

Day Trip Bus Measures

- Members must wear an appropriate mask* on the bus. The bus company will provide masks on the bus in case people forget/lose their mask.
- Seating on the bus:
 - Members must remain seated during the bus trip, except to go to the washroom.
 - Members will keep talking to a minimum.
 - Maximum of 30 members to be allowed on the bus for transportation to and from the resort.
 - Members may sit beside people they live with or are bubbled with. Otherwise, they will sit on their own in the window seat.
 - Instructors will be seated near the front of the bus to enable them to get off first in order to prepare for lessons.
- When using the washrooms members must wear a mask* and use hand sanitizer before and after using the washroom.
- Food and drink consumption on trip to and from resort:
 - Members will limit food and drink intake to necessities - quick drinks of water and quick consumption of snacks.
 - Absolutely no consumption of alcohol will be permitted on the bus.
- Check in procedures:
 - The bus captain will not move about the bus talking personally to members.
 - Bus captains will use the microphone to check in members.
 - Lessons will be organized ahead of time rather than on the bus.
- Lunch:
 - The bus will be open for an extended lunch period for members.
 - There will be no more than 10 members on the bus at a time for lunch.
 - Members will sit spaced out at least 6 feet and will consume their lunch quickly with no socializing.
 - Masks* must be worn except when consuming food and drink.



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- When loading and unloading ski bags from the bus, members will take care to keep 6 feet of distance from each other.
- Bus cleaning: the bus company will clean the bus thoroughly prior to the trip, and will clean high touch surfaces after arrival and after lunch.
- Members must complete a COVID-19 screener on the morning of the trip before entering the bus.
- Members who take a bus will inform the club if they subsequently test positive for COVID-19 within 14 days of being on the bus.

Day Trip Resort Measures

- Members will wear masks* at all times in any resort facility.
- Members will follow all resort rules and guidelines including regarding access to indoor space.
- Given the limited access to indoor facilities, members will commit to spending as little time inside as possible. Members should bring food, warm drinks, and appropriate clothing to keep themselves warm during the day.
- When outside, members will take care to keep 6 feet of physical distance from each other and other members of the public. If unable to do so, members will put on their mask*.
- To adhere to physical distancing measures, HPSC will modify its normal schedule of club activities at the resorts. There will be no social events involving food or gathering.
- Resort guidelines published online:
 - Blue Mountain: <https://www.bluemountain.ca/media-centre/covid-19/personal-responsibility-code>
 - Highlands Nordic: <https://highlandsnordic.ca/about/highlands-winter-covid-policies/>
 - Add other links as they become available.

Long Trip Measures

- HPSC will provide charter and overnight trips to members this season.
- Charter trips, with one exception (Club Med), and all overnight trips will be offered to Canadian ski destinations.
- Overnight trips will be “self-drive” trips (i.e. no bus). Members will be responsible for getting themselves to the destination.
- HPSC will not be involved in arranging any car pooling.
- For charter trips, airlines will perform COVID screening measures prior to boarding.



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- All long trips will have an assigned trip supervisor who may or may not be on the actual trip. An itinerary and information will be provided to trip participants prior to the trip.
- HPSC will not be assigning roommates. Participants are responsible for finding their own roommates, or paying for the single supplement.
- No group dinners, receptions, or social gatherings, will be arranged by HPSC on charter or overnight trips this season.
- Guiding by HPSC instructors on overnight alpine trips will follow measures stated for “Lesson, Guiding and Racing Measures”. Limited to STEP 4 and up.
- Each day of the trip, if participating in HPSC guided skiing, members will need to answer the HPSC COVID screening document prior to participation.
- Participants will follow all policies and procedures regarding masks* and physical distancing of the transportation companies, ski resorts, and provinces in which they are travelling.
- Members on long trips will ensure they have appropriate health insurance and cancellation insurance. Any health or travel issues will be the accountability of the member.

Social Event Measures

- All social events will be outdoors and physically distanced or virtual this season.
- All social event participants will adhere to mask-wearing guidelines if in person event.

Volunteering Measures

- Volunteers are empowered to apply all club policies and procedures and escalate through Directors as required.
- Volunteers will be provided with COVID-19 training appropriate to their position, and kept up to date with the latest policies to convey to members.
- Volunteers will follow applicable policies, like any other member.
- Meetings for volunteers will be conducted remotely rather than in-person this season.
- Volunteers will be informed of all changes to this document in a timely manner.

Consequence Management

To ensure the safety of our members, participants are expected to abide by the standards and policies established by High Park Ski Club. Due to the severity of COVID-19, the club takes transgressions seriously. The club will apply escalating measures, which include:



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- Reminder
- Removal from lesson or event
- Barring from trips this season
- Barring from future membership

*A mask refers to a multi-layer cloth mask or medical mask. The mask must cover the nose and mouth at all times when worn. Scarves, neck warmers, buffs, valve masks etc. are not considered acceptable face coverings. A face shield alone is not sufficient. Please see the following public health guidelines for more information on effective face coverings:
<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/prevention-risks/about-non-medical-masks-face-coverings.html#a1>

Protocol if member on any type of trip/event tests positive for COVID-19 within 14 days

- If a member tests positive for COVID-19, the member **MUST** contact the appropriate Director (Downhill Day Trips or Director of Cross-Country and Snowshoeing) depending on the trip(s) the member was on during the 14 days prior to their test date. They should inform the Director if they were in a lesson and the name of their instructor if possible.
- The contacted Director informs the President that someone has tested positive and on which trips.
- If the member was on the bus, the Director identifies all members who were on the bus.
- If the member participated in a downhill/snowboarding lesson, the Director informs the Director of Snow School. The Director of Snow School provides the names of members in the lineup time the positive member was in and informs the impacted Instructors.
- If the member participated in a cross-country ski lesson or guided snowshoeing, the Director identifies all impacted members, including instructors and tour leaders.
- After compiling a list of all members who were potentially exposed (i.e. the original infected member, the instructors, lesson participants and bus participants), the Director gives the names to the Director of Membership, who contacts the identified members.
- Members are encouraged to get a COVID test done and to self-isolate. All affected members are put on 14 day suspension (from the date of possible exposure) from all club activities. If a member on the contact list subsequently tests positive, they must inform the club.
- The original COVID-19 positive member must personally trace those they skied/ boarded/snowshoed with or had close contact with outside of their lesson and the bus and inform them of their COVID-19 positive test. If they do not have contact information for the individuals, they can request the club to contact the individuals on their behalf.



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- All of those who have been contacted (including instructors), are suspended from trips for 14 days from the date of possible exposure. Members are encouraged to arrange for a COVID test.
- The original COVID positive member is suspended from all trips/club activities until official clearance is provided to the Director of Membership.
- The Director of Downhill Day Trips or Cross-Country will notify the resort of a confirmed case of COVID-19 and the date.

Basis for cancelling trips due to COVID-19

- Since HPSC is a Toronto based and registered club, we must follow the rules governing Toronto, no matter the location of individual members.
 - Ontario COVID Response Framework: [COVID-19 Response Framework: Keeping Ontario Safe and Open —Lockdown Measures](#)
- The club will make decisions on trips based on the provincial guidelines in place at the time for Toronto and for the resort destination.
 - If Toronto and/or the resort destination is in a GREY/LOCKDOWN zone, all day trips (bus and drive-up) and U-Drive long trips will be cancelled.
 - If Toronto and/or the resort destination is in a RED zone, all day trips (bus and drive-up) and U-Drive long trips will be cancelled.
 - If Toronto is not classified as GREY/LOCKDOWN or RED, decisions regarding individual bus trips will be made based on the guidelines governing limits on indoor gatherings in Toronto at that time.
- Decisions regarding HPSC involvement in charter trips will be made based on the rules governing the destination resort and Toronto. HPSC may remove endorsement/involvement in the trip. Any subsequent decisions will be up to the individual.
- If the club experiences two or more cases of COVID-19 on a trip that are not from the same household, this is considered an outbreak. All trips in that portfolio of the club (Alpine or Cross-country) will be immediately cancelled for 2 weeks.
- If a second outbreak occurs, all trips for that portfolio of the club (Alpine or Cross-Country) will be cancelled for the rest of the season.