

Beginner

Never snowboarded before or cannot stop or turn. A beginner cannot get on or off a chair lift without falling.

Novice

Has ridden a chair lift and can independently get on and off.

Can turn and stop under control. Can get up after falling independently. Green runs are manageable but cause anxiety.

Intermediate

Can ride most blue runs turning and stopping under control.

Shows flexion and extension

Black diamonds runs are humbling

Advanced

Enjoy the challenge of black diamond runs and can ride with controlled movement.